

and hottest, prides himself on saying "I was there"? If so, then assuredly as a profession we shall degenerate, and we shall have to learn afresh the paramount importance of self-sacrifice in the hard school of humiliation and pain.

#### A RED CROSS HOSPITAL.

THE American Red Cross Society is taking active measures to establish a hospital at Manila, which will be complete in every detail. Miss Gladwin has been appointed superintendent of the Nursing Staff, which will number twelve in all, and over \$20,000 has been spent on necessary supplies. The American Red Cross Society is to be congratulated upon the promptitude and energy which it always brings to bear upon any situation needing its aid.

#### RIGHTEOUS INDIGNATION.

WOMEN journalists are rightly indignant at being held up to the public *in formā pauperis*, and are protesting strongly against the matinée which, under the auspices of the Society of Women Journalists, took place at the Hotel Cecil last week for their benefit. Miss Billington, of the *Daily Telegraph*, maintains that capable journalists require no philanthropic aid, and, indeed, resent it, more especially as the Newspaper Press Fund meets the case of any bona fide journalist incapacitated by illness. Miss Frances Low asserts that every capable journalist can earn £3 a week at least, and, if so, why invoke the aid of the theatrical profession and the public?

Miss Drew, of the Women's Press Association, is even more severe. The journalist's calling, she says, gives unrivalled opportunities for finding out the true character of many eleemosynary movements, and she holds that the journalist, as an honest worker, to whom independence is absolutely indispensable, objects to be exploited for any secondary purpose.

Other well-known women journalists, such as Miss Flora Shaw, of *The Times*, and Miss Carpenter, also object to the matinée.

We are glad to see that the women journalists take this professional and self-respecting attitude. We drew attention in a recent issue to the fact that the Royal British Nurses Association is arranging a matinée, also to be given at the Hotel Cecil, by professional actors and actresses, ostensibly for the benefit of its members. We hope that nurses will follow the example of the women journalists, and clearly express their distaste for pauperization of this form.

## Lectures on the Nursing of Lung Diseases.

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#### CHAPTER IV.

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Incidentally, it is worthy of notice that there was in this case, as in similar instances, a very significant condition of the pupil. It was small and contracted; and it is a fact of much practical importance that when patients are extremely weak and exhausted the pupil becomes large and dilated. In the case in question, the brandy was at once diminished to the two ounces a day originally ordered by the practitioner, and the delirium and other unfavourable symptoms rapidly passed away.

The points, then, by which the experienced nurse is guided are so important that they deserve to be emphasized. If the pulse becomes full and hard, although frequent, and the pupils become smaller; or, on the other hand, if the pulse becomes stronger and less frequent, she will diminish the dose of the stimulant—in each case, of course, until the next visit of the doctor enables her to receive fresh instructions.

Stimulants, therefore, are chiefly, if not only, useful in the treatment of Pneumonia when the patient's strength is failing; and at such a time they may have to be given with an unsparing hand. The object to be attained is the maintenance of the heart's action until nature has asserted its recuperative powers, or the disease has run its course; in either case, until the inflammation of the lung has so far subsided, that the strain which it threw upon the patient's heart has been removed. Again, during convalescence, some sort of stimulant is usually required, in order to assist and increase the digestive processes. For this, wines or malt liquors are usually more effective than any form of spirits; but, in every case the taste of the patient will be chiefly consulted in the choice of the stimulant. For those who can take it, Tawny Port wine is an excellent tonic; but, to others, Claret or Burgundy may be more acceptable, and perhaps the best wines in this connection are some which are comparatively little known. For example, Athenian Claret, is not only remarkably pure but also very cheap, a fact which is a great consideration, of course, with many patients; the same remark applies to the Australian Government wines, of which the Orion Brand are

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